Making Inclusion a Reality

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Keywords

What is equality?

Equality means "the same as each other" - i.e. everyone is equal.

What is diversity?

Diversity means difference - i.e. different protected characteristics and different ways of thinking being represented.

What is inclusion?

Inclusion is when everyone is included, irrespective of their diversity.

What is inclusive leadership?

Inclusive leadership is when leaders behave in a way that makes their teams feel included, irrespective of their background.



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Introduction

The central purpose of the CII is to build trust in insurance. Success depends upon our being relevant, modern and diverse both in how we work and how the profession works.

We should all be familiar with the concept of equality and its benefits. Practitioners who embrace diversity do so, not just because it is the right thing to do, but because of the positive impact on our businesses, the sector as a whole and society in general. Drawing on a broad spectrum of views and experiences supports decision making and those professions committed to fairness do well in terms of recruitment and retention.

Equality and diversity should not be seen as a compliance exercise, mere box ticking. It should be second nature. Making it so is not difficult and we are here to help you make it happen.

Sian Fisher **Chief Executive Officer**





Big things have small beginnings **Prometheus**

As the professional standards body for insurance it is our role to work with you to develop the profession, to meet the needs of today's consumers and businesses and those of the future.

The business case for diversity and inclusion is clear to us all. Business leaders are putting more focus on diversity and inclusion now that tangible benefits are more quantifiable. In a recent study by PwC, 79% of international business leaders agreed that enhanced customer satisfaction was a core outcome from a diverse and inclusive workforce, with 85% believing it enhanced business performance¹, and yet we have a way to go in our profession in utilising the diverse thinking and creativity that is out there.

There are many ways we can all make a difference as we continue to embrace diversity and value inclusion. I hope you find this booklet a useful source of inspiration to make a difference.

Tali Shlomo **People Engagement Director**



People with disabilities

A disability is a health condition that has a substantial and long term (12 months+) impact on an individual's ability to undertake every day activities. This can refer to an individual's functioning, including physical, sensory, cognitive and intellectual impairments, and mental illness.



Is it easy to see someone's disability? Will it always be visible?

Learning statement/outcome:

Identify barriers that people with disabilities face and how good practice can make a positive difference. Seek consent to share a disclosure of a disability and any resulting arrangements that may be agreed to assist a person with a disability.

The distribution of people with disabilities is fairly evenly spread across the UK. The North East, Wales, the North West and East Midlands have the highest rates of disability, while London, the South East and the East of England have the lowest.²



Gender

Unconscious bias refers to a form of bias that happens outside of our control, triggered by our brain making quick judgments and assessments of people and situations. Unconscious bias is primarily influenced by our background, cultural environment and personal experiences. Sometimes we can jump to conclusions, for example, based on whether someone is a man or a woman.



How would you feel if someone made an assumption about your gender and it influenced the way they engaged with you?

Learning statement/outcome:

Unconscious bias at work can influence decisions in recruitment, promotion, staff development, recognition and our relationships at work which can lead to a less inclusive working environment. It is important that we recognise our own biases and how we can apply them positively to create an inclusive place for all.



Sexual orientation

Sexual orientation is defined as an often-enduring pattern of emotional, romantic and/or sexual attractions of men to women or women to men (heterosexual), of women to women or men to men (homosexual), or by men or women to both sexes (bisexual). It also refers to an individual's sense of personal and social identity based on those attractions, related behaviours and membership in a community of others who share those attractions and behaviours.



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Should someone's sexual orientation have any bearing on their job or how their colleagues behave towards them?

Learning statement/outcome:

Connect with people within the lesbian, gay or bisexual (LBG) community and recognise them for their contributions to the workplace.

It is hard to determine how many people in the UK or Great Britain identify as lesbian, gay or bisexual (LGB) but by all estimates they remain in the minority. It may be the case that instances of lesbian, gay or bisexual identities are under reported in official statistics.

GG Stonewa

Stonewall has estimated that there are 3.7 million gay (LGB) people in Great Britain.¹³

Percentage of UK population aged 16 and over in 2015 identifying as...¹⁴

Other	0.4%			
	4.1%			
Refused or not know he to identify	did ow	Of the 1.7% identifying as LGB:		
	1.7%	ldentified as bisexual	0.6%	
		ldentified as gay or lesbian	1.1%	
LGB				

A larger percentage of younger age groups identified as LGB¹⁵



More men identified as gay/ lesbian (1.6%) than bisexual.

1.5%

Identified

as LGB

2% Identified as LGB

More women identified as bisexual (0.8%) than gay/ lesbian.

In 2012, a Stonewall survey found that 19% of people in Britain acknowledged they had relatives who are lesbian, gay or bisexual.¹⁶

Transgender people

Transgender is an umbrella term referring to people whose gender identity differs from the social expectations for the biological sex identified at birth.



It can be difficult for people who are not transgender to imagine what being transgender feels like. Imagine what it would be like if the gender that others identified you as was not the one you felt yourself to be?

Learning statement/outcome:

Identify barriers and challenges transgender and gender nonconforming people face and reflect on ways to make them feel welcomed and included.

The terms Transgender, Trans and Gender Variance have broad and shifting definitions. Legal protection is also relatively broad. At the present time there is no one agreed estimate of the total number or likely prevalence of gender variant adults in the UK, however, campaigners suggest this may be around 1%; so far only a small number of people have applied to have a new gender legally recognised.

Someone is not required to undergo gender reassignment surgery in order to be afforded the protection of the Equality Act.¹⁷ For example, someone who is living their life as a person of the opposite sex to that which they were assigned at birth, whether or not undergoing medical treatment, is covered.

Trans advocacy, campaign and research organisation **GIRES** recommended in 2011, on the basis of the evidence then available, that UK employers should assume...

around **1%** of their adult employees and service users may experience some degree of gender variance



Between the 2005–06 and 2014–15 financial years (inclusive) a total of 3,906 full Gender Recognition Certificates (GRCs) were issued in the UK by the Gender Recognition Panel.²⁰ A GRC enables the holder to have their new gender legally recognised and to take on the accompanying rights and responsibilities of their acquired gender.

Transgender

is currently used as an inclusive, umbrella term describing all those whose gender expression falls outside the typical gender norms.¹⁸ The term Trans may be used in a similar way. However, terminology in this field continues to evolve rapidly.

around 0.015%

were likely to have undergone transition (to live full time in the gender role with which they identify).19

Mental Health

Mental health is the mental and emotional state in which we feel able to cope with the normal stresses of everyday life. Mental ill-health can range from feeling 'a bit down' to common disorders such as anxiety, depression and, in limited cases, to severe mental illnesses such as bipolar disorder or schizophrenia.



What would you do to help a work colleague affected by stress, anxiety or depression? How would you know that they were potentially affected?

Learning statement/outcome:

Take the time to understand how mental health problems affect, and are affected by, work and how we can best support people with mental ill health.

One in five women 20.7%

In 2014, of all men and women aged 16-64, it was women aged 16-24 who were the most likely to report they were

In 2013, 6,233 suicides were recorded in the UK for people aged 15 and older.23



these symptoms.²⁴



How common are common mental health problems?

In 2014, it was estimated that one adult in six (17.0%) had a 'Common Mental Disorder' (such as depression and generalised anxiety)²¹





The proportion of people aged 16–64 reporting severe symptoms of common mental disorders has increased over time. This has been attributed to increases in the number of women reporting

Different generations

Today's workforce is decidedly multi-generational. It is comprised of five generations – Maturists, Baby Boomers, Generation X, Generation Y (or Millennials), and a smattering of Generation Z – whose life experiences have left indelible marks on their values and work preferences.



Imagine if you were overlooked for an opportunity because someone made an assumption about your suitability based purely on when you were born?

Learning statement/outcome:

It's important to understand that generational differences will influence the actual and perceived behaviours of each generational group. Understanding some of the wants and desires of each group, as well as your own unconscious bias, will help you develop strategies to maintain the right balance and the right approach.



An aging population?

Between mid-2005 and mid-2015 the UK population aged 65 and over increased by 21%, and the population aged 85 and over increased by 31%. The number of males aged 85 and over has increased by 54% since mid-2005, compared to a 21% increase for females.²⁶

A snapshot of recent changes

Median age of UK population²⁷

Of those in employment in the UK^{28, 29, 30}

Percentage of older and younger people in the UK in employment^{31, 32}

Percentage of younger people who were in full time education and employment³³

Percentage of younger people who were NEET (not in employment education or training)³⁴ 3.83%

A multi-generational workforce? Of those in employment in the UK in Sep-Nov 2016:²⁵



2005	2015	
38.7	40.0	
Approximately 579,000 or 2% were aged 65+.	Approximately 1.18 million or 3.8% were aged 65+.	
Approximately 4.12 million or 14.6% were aged 16-24.	Approximately 3.94 million or 12.6% were aged 16–24.	
Approximately 6.3% of those aged 65+.	Approximately 10.5% of those aged 65+.	
Approximately 59.5% of those aged 16–24.	Approximately 54.2% of those aged 16–24.	
Approximately 36.8% of those aged 16–24.	Approximately 29.1% of those aged 16–24.	
13.75% of 16–24 year olds (mean average across the year).	12.25% of 16–24 year olds(mean average across the year).	

65 + year olds

Carers

A carer is anyone who provides unpaid care, for a friend or family member who, due to illness, disability, mental ill health or an addiction, cannot cope without their support.



Do you think it would be fair if someone was excluded from an opportunity because they care for an elderly relative outside of their normal working day?

Learning statement/outcome:

Understanding the experiences of carers allows you to appreciate the various skills, qualities, and attributes that carers have and how these can benefit our workplace. An awareness of the factors that may help or hinder carers who are working, and how we can best support them, is also important.



The Carers Trust suggests that three in five people in the UK will be carers at some point in their lives.³⁶

Who cares?

The 2011 census revealed that in England and Wales:

Carers in employment in 2011:³⁷ 20



In England and Wales there has been an increase in the percentage of the total population providing care.³⁹

0









People with minority ethnic backgrounds

Black and Minority Ethnic (BME) or Black. Asian and Minority Ethnic (BAME) is terminology often used to indicate people of non-white descent. However, the UK is home to people from a wide range of ethnic backgrounds, including a number of white minority ethnic groups.



How would you feel if your cultural customs and values were disregarded and ignored?

Learning statement/outcome:

People come from a broad range of backgrounds and may have different customs and values. We should be sensitive and respectful towards such differences and understand what constitutes acceptable and unacceptable behaviours and terminology. Certain words have the potential to cause offence, we need to avoid situations where a 'joke' or banter causes offence or upset. From a business perspective, understanding what matters to people outside your own cultural background will help you do business better.

Analysis of the 2011 census has shown that there are notable differences across different ethnic groups in the rates of employment, unemployment and economic inactivity (not working and not actively looking for work).

Employment rates in different ethnic groups⁴⁰

In 2011, amongst those aged 16-64 in England and Wales:

Those with another white background were:





Gypsy or Irish Traveller



30%

In employment Unemployed Economically inactive







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Further guidance

Equality and diversity guide

Full guide available at: http://www.cii.co.uk/23109

Summary

Benefits

- Promotes and contributes to organisational reputation
- Aids recruitment and retention
- Increases productivity
- Mitigates risk
- Ensures the insurance profession is demonstrating best practice

Step-by-Step

Understand the business and social justice cases for equality and diversity

An effective understanding and management of equality and diversity can benefit firms in a host of different ways.

Understand the protected characteristics and the legal framework

The Equality Act 2010 protects individuals against discrimination because of their protected characteristics (of which there are nine) or other circumstances.

Develop an equality and diversity policy – including staff responsibilities

Developing your policy will help clarify the main issues and priorities for your organisation.

Undertake staff training

Training can take a number of forms and is a clear sign of an employer's commitment to embedding equality and diversity.

Undertake a diversity audit

Diversity audits help to identify the parts of your strategy that work well and those that need to be re-examined.

Keep on top of developments – legislation and best practice changes

Legislation and requirements are subject to change and so it is important to keep abreast of the latest developments.

Flexible working guide

Full guide available at: http://www.cii.co.uk/37497

Flexible working is far from a new phenomenon, though its profile and importance is on the rise. For decades many employers have provided part-time or job share opportunities, though very much set in the traditional '9 to 5' way of working. This has changed significantly over recent years as more flexible working options have emerged.

New legal frameworks, attitudinal change and, above all, technological advancements have contributed to the rise in flexible working across our economy. The vast majority of employers offer some form of flexible arrangements (a survey by the Chartered Institute of Personnel and Development found that only 4% of firms questioned did not offer any type of flexibility). The benefits of a flexible approach to work are well documented and apply to employers, employees and UK plc as a whole.

All employees with 26 weeks of consecutive service are now able to request flexible working. The array of flexible working options can at first appear daunting if you are an employer, as can considering whether you have the capacity to offer flexibility, developing a policy and dealing with requests from employees. This short guide has been developed to help employers understand what flexible working means, the legal framework behind it and the benefits it can bring, as well as tips on developing your own flexible working policy.

All firms are different and what works for one company might not be appropriate for another, therefore this guide provides a high level introduction to the subject and provides a number of options and approaches to consider.

Key points

- Flexible working can benefit a business in a whole host of ways from increasing productivity to improving talent retention.
- It can help promote employee motivation and well being.
- Flexible working helps promote equality and diversity within the workforce.
- There is no one size fits all solution only you as an employer can decide what will work for you and your employees.

Guidance notes to Equality Impact Assessments (EIA)

Equality is a shorthand term referring to the range of work aimed at ensuring the full and fair participation of marginalised or under-represented groups, where these groups may be excluded from full and fair participation as a result of discrimination and disadvantage, accidental or otherwise. This has a particular reference to the protected characteristics set out in the Equality Act 2010 which are age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex and sexual orientation.

What is EIA?

An Equality Impact Assessment (EIA) is a tool aimed at improving policy development and implementation by ensuring that individuals and teams consider the likely impact of their work on different groups. It involves anticipating the effects of policies, procedures, and functions on different groups and making sure that any negative impacts are eliminated or minimised and opportunities for promoting and advancing equality, diversity and inclusion are maximised.

Why should we complete EIAs?

EIAs, although not a legal requirement, are an extremely useful mechanism for:

- preventing any potential discrimination before it occurs;
- ensuring that everything your organisation does is as inclusive as possible;
- providing a defence if a discrimination claim is made against your organisation.

When should we undertake an EIA?

They should be undertaken when any new activity, new type of event, procedure or policy is planned or when substantial changes are planned to current activities or procedures which could have an effect on stakeholders. The EIA should be undertaken before the new procedure, policy or activity or substantial changes take effect. There should be enough time to carry out any potential changes highlighted in the EIA.

What is a policy?

A policy is any practice, written document, guiding principle or procedure which sets out a course of action which an organisation adopts and implements. This includes any decision-making resulting in a change in practice.

What areas should the EIA cover?

EIAs should cover the nine protected characteristics in the Equality Act 2010.

These are as follows:

- Age
- Disability
- Gender reassignment
- Marriage and civil partnership
- Pregnancy and maternity
- Race
- Religion or belief
- Sex
- Sexual orientation

Northern Ireland has two extra protected characteristics: political opinion and people with dependants.

Completing an EIA - 7 point plan

- 1. When the need for an EIA has been identified the person responsible for the event, policy or procedure should complete an EIA. Where possible, at least two people, and ideally four to six people, should be involved in EIAs so that the viewpoint of more than one person is obtained. EIAs can be conducted by telephone.
- 2. The procedure, policy or activity should be considered against each of the Protected Characteristics in turn and any potential problems should be considered and noted. People involved should be prepared to think outside of the box.
- 3. Where a concern affects more than one or all protected characteristics, it should be noted in all sections to show that it has been reviewed under that particular characteristic.
- 4. Where possible, remedial actions should be identified. If it is not possible to find a solution to the problem, this should be noted on the EIA along with an explanation as to why it is not feasible.
- 5. A decision should be made about when the policy or procedure should be reviewed and this should be diarised.
- 6. The EIA should then be signed off by the relevant person and reviewer and filed.
- 7. The person responsible for the EIA should ensure all the remedial actions are carried out.

Types of Discrimination

Direct Discrimination

There are three different ways in which direct discrimination can occur. These are where a person is treated less favourably than another person because:

- of a protected characteristic e.g. a person is pregnant
- it is thought that the protected characteristic applies to them even if this is not actually the case (perceptive discrimination) e.g. a person is thought to be gay even though they are heterosexual
- they associate with someone to whom a characteristic applied (associative discrimination) i.e. the person is a carer for someone with a disability.

Indirect Discrimination

This happens where a policy or practice which affects everyone disadvantages a group who share a protected characteristic e.g. a uniform policy requires all female employees to wear a knee length skirt making no provision for those who may wish to cover their legs for reasons of their religion.

Victimisation

Victimisation is where a person is treated unfavourably because they have previously submitted or supported a complaint or raised a grievance related to a protected characteristic or because it is thought that they have done so i.e. a person submits a tribunal claim against a supermarket for discrimination and the supermarket deliberately delays delivering their customer orders as a result of this.

Harassment

Harassment is "unwanted conduct related to a relevant protected characteristic, which has the purpose or effect of violating an individual's dignity or creating an intimidating, hostile, degrading, humiliating or offensive environment for that individual" e.g. touching a man or woman inappropriately.

The Protected Characteristics and issues to consider

Events

Access arrangements cover several protected characteristics. Think carefully about physical access to a venue and about sight lines, AV and acoustics and seating plans for example. It is also advisable to ask delegates to let you know in advance if they have any particular access or dietary requirements. You may wish to make a statement in your invitations or joining instructions to indicate your commitment to making the event open to all and asking that everyone attending do so in accordance with your organisation's equality and diversity policy.

Age

Age covers both younger and older people. Issues which EIAs may need to consider are:

- older people may be less inclined to use technology so may need simpler solutions to be made available
- younger people may have less life experience so may be less aware of certain issues
- age may mean that a person has disabilities but these can be dealt with under the "disability" protected characteristic.

People who care for elderly relatives are also protected under this protected characteristic.

Disability

A disability is a condition which lasts or is likely to last over one year and affects an individual's ability to carry out "day to day" activities. It includes reoccurring conditions and conditions as diverse as cancer, dyslexia, asthma and schizophrenia.

- People with mobility disabilities
- People with manual dexterity or other physical disabilities
- People with hearing impairments
- People with visual impairments
- People who are deaf (British Sign language users)
- People who are blind
- People with learning disabilities or other mental/ cognitive impairments
- People with mental health conditions
- People with a communication difficulty such as Dyslexia
- People with a long-term health condition or illness such as cancer or HIV.

People who care for people with disabilities are also protected under this protected characteristic.

Because disabilities can vary so widely, careful consideration will need to be given to the specifics of each activity subject to an EIA. While care should be taken to remove obvious barriers to participation, it is also important to work with individuals with disabilities or caring for those with disabilities to understand their specific needs.

Gender reassignment

Gender reassignment covers a person who is proposing to undergo, is undergoing or has undergone gender reassignment (the process of changing physiological or other attributes of sex, therefore changing from male to female, or female to male to match the gender identity). According to advice provided on the Equality and Human Rights Commission website as at May 2014, a person can choose whether they are defined as male or female. Therefore, at the current time, there does not appear to be any requirement to introduce any additional gender definitions to the "male" "female" ones normally used.

Issues which EIAs need to consider:

- Name/gender changes should be dealt with sensitively e.g. name/gender changes whilst booked onto an event
- Surgery may mean that it was not possible for an individual to meet certain requirements.

Marriage and civil partnership

People who are in civil partnerships should be treated the same as those who are married.

Issues which an EIA needs to consider are:

- Referring to partners rather than spouses or husbands and wives
- A person may, or may not, change their surname due to marriage, civil partnership or divorce. Name changes should be dealt with sensitively.

Pregnancy and maternity

Issues which EIAs should be aware of are:

 Arrangements may need to be made for a woman to breast feed during a work meeting e.g. short breaks and a private room can be arranged.

Race

Race includes all races. Race also refers to nationality and can include being English, Scottish, Welsh or Northern Irish.

Issues which EIAs should be aware of:

• English not being an individual's first language – everything should be written in plain English and translation may need to be available on request.

Religion or belief

This protected characteristic includes "no religion" and nonreligious beliefs such as anti-fox-hunting, climate change, vegetarianism.

To be considered to be a belief, the belief must be in the public domain and the individual must be able to demonstrate that their belief affects the way they live.

Issues which an EIA should consider are:

• Arrangements to enable people to pray at particular times may need to be made.

Sex

Issues which an EIA may need to consider are:

• Women are generally more likely to have childcare arrangements which may need to be taken into consideration. However this is of equal significance if a man has childcare responsibilities.

Sexual orientation

Issues which an EIA may need to take into consideration are:

• Not holding events at religious venues where the religion concerned does not view some sexual orientations as acceptable.

Northern Ireland – political opinions and dependants

Northern Ireland has two additional protected characteristics. In reality, dependants would be dealt with in England and Wales by using one of the other protected characteristics. Political opinion would need to be considered e.g. in terms of ensuring that an event open to all did not take place solely in an area/venue which was known to have a high number of people with a certain political opinion.

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Equality Impact Assessment Form

roject, procedure	, practice event or activity:		
rpose of project	, practice, event or activity:		
otected aracteristic	Any Impact?	Remedial steps	Adjustments completed
Age			Yes No Date
Disability			Yes No
Marriage and il partnerships			Yes No Date
Pregnancy and Maternity			Yes No Date
Race			Yes No Date
ligion or Belief			Yes No Date
Sex			Yes No
Sexual Orientation			Yes No Date
Transgender			Yes No
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